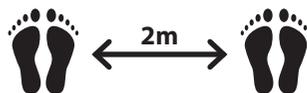


# HELP US TO HELP YOU STAY SAFE DURING COVID-19

**AT ALL TIMES**

AVOID CONTACT WITH OTHERS.  
KEEP AT LEAST 2 METRES APART



COUGH OR SNEEZE INTO  
YOUR ELBOW



## 1. STOP

Please follow these instructions before entering



If you are **unwell**, you must **TELL US** first

## 2. WAIT

Entry is **limited**.  
Please wait outside



We will **wave** or ask you to come in when we are ready

## 3. BEFORE ENTRY

Disinfect your **hands** with the sanitiser provided



We may ask you to wear a mask

## 4. ASK US

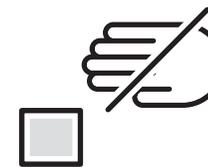
Ask for **essential items** and **medicines**



We can only supply **one month** of most medicines

## 5. WHEN INSIDE

Try **not to touch** anything. Staff will select your items



Pay by **contactless card** if you can

**NEXT VISIT**

Reduce waiting by ordering medicines by **phone** or **email** before you visit



Reduce visits by asking your doctor to send prescriptions **directly** to us



**OUR PHONE:**

**OUR EMAIL:**