Patient Information Leaflet

**PARACETAMOL TABLETS**

*ACTIVE INGREDIENTS*: Each tablet contains Paracetamol 500mg, supplied as the “Panadol” brand.

**USES:**

* for the relief of mild to moderate pain,
* for bringing down high temperatures in fevers and for relieving the aches & pains associated with them.

**NOTES:**

Paracetamol has no anti-inflammatory activity, & therefore does not reduce swelling,

Asthmatic patients &/or those with a history of stomach ulcers, should always take paracetamol in preference to aspirin or non-steroidal anti-inflammatory preparations,

Paracetamol tablets begin acting between 30 & 60 minutes of swallowing,

Pregnant women, or nursing mothers who are breastfeeding may take Paracetamol.

**DIRECTIONS:**

Adults – take ONE-TWO tablets. Children ( 6-12 years ) – take ONE tablet

Paracetamol may be taken up to once every 4-6 hours. The maximum adult dose is eight tablets in any 24 hour period.

push each tablet from the white plastic coated side and out through the aluminium foil,

take with a glass of water,

if you have difficulty swallowing a whole paracetamol tablet, then break it into more convenient sizes.

when taking paracetamol tablets, do not take any other preparations containing paracetamol

**POSSIBLE SIDE EFFECTS**:

When taken as directed on the label, side effects are uncommon and usually mild. Skin rashes & itching occur rarely.

**WARNING:**

If you are taking paracetamol tablets to relieve pain, and the pain lasts longer than 3 days, or gets worse, if new symptoms occur, or if the painful area becomes red or swollen – contact your doctor.

Prolonged or excessive use may be harmful. If you think someone has taken too much, you should make sure they seek immediate medical advice without delay, (even if they feel well), because of the risk of delayed serious liver damage.

**STORAGE:**

keep out of the reach of children,

keep the tablets away from heat & direct sunlight.

**EXPIRY DATE:**

do not take these tablets after the expiry date shown on the label.

Retain this leaflet until you have finished taking all your medicine, as you may want to read it again.

*(This leaflet was written in January 2005, by the Canterbury Primary Health Pandemic Reference Group, to give you useful & easy to read information about your medicine)*

Patient Information Leaflet

**PARACETAMOL 120mg/5ml SUSPENSION**

*ACTIVE INGREDIENTS*: Each 5ml of suspension contains Paracetamol 120mg, supplied as the “Junior Parapaed” brand.

The suspension is sugar free & cherry flavoured.

**USES:**

* for the relief of mild to moderate pain,
* for bringing down high temperatures in fevers and for relieving the aches & pains associated with them.

**NOTES:**

Paracetamol has no anti-inflammatory activity, & therefore does not reduce swelling,

Asthmatic patients &/or those with a history of stomach ulcers, should always take paracetamol in preference to aspirin or non-steroidal anti-inflammatory preparations,

Paracetamol begins acting between 30 & 60 minutes of swallowing,

**DIRECTIONS:**

 Children 3 – 12 months – give 2.5ml to 5ml

 1 – 5 year - give 5ml to 10ml

Paracetamol suspension may be given up to once every 4-6 hours as required. Do not give more than four doses in any 24 hour period.

Shake well before use.

**POSSIBLE SIDE EFFECTS:**

When taken as directed on the label, side effects are uncommon and usually mild. Skin rashes & itching occur rarely.

**WARNING:**

If you are taking paracetamol to relieve pain, and the pain lasts longer than 3 days, or gets worse, if new symptoms occur, or if the painful area becomes red or swollen – contact your doctor.

Prolonged or excessive use may be harmful. If you think someone has taken too much, you should make sure they seek immediate medical advice without delay, (even if they feel well), because of the risk of delayed serious liver damage.

**STORAGE:**

keep out of the reach of children,

store below 25º Centigrade & away from direct sunlight.

**EXPIRY DATE:**

do not take the suspension after the expiry date shown on the label.

Retain this leaflet until you have finished taking all your medicine, as you may want to read it again.

(*This leaflet was written in January 2005, by the Canterbury Primary Health Pandemic Reference Group, to give you useful & easy to read information about your medicine )*

Patient Information Leaflet

**PARACETAMOL 250mg/5ml SUSPENSION**

*ACTIVE INGREDIENTS*: Each 5ml of suspension contains Paracetamol 250mg, supplied as the “Six Plus Parapaed”

brand.

The suspension is sugar free & strawberry flavoured.

**USES:**

* for the relief of mild to moderate pain,
* for bringing down high temperatures in fevers and for relieving the aches & pains associated with them.

**NOTES:**

Paracetamol has no anti-inflammatory activity, & therefore does not reduce swelling,

Asthmatic patients &/or those with a history of stomach ulcers, should always take paracetamol in preference to aspirin or non-steroidal anti-inflammatory preparations,

Paracetamol begins acting between 30 & 60 minutes of swallowing,

**DIRECTIONS:**

 Children 1 – 5 year - give 2.5ml to 5ml

 6 – 12 years - give 5ml to 10ml

Paracetamol suspension may be given up to once every 4-6 hours as required. Do not give more than four doses in any 24 hour period.

Shake well before use.

**POSSIBLE SIDE EFFECTS:**

When taken as directed on the label, side effects are uncommon and usually mild. Skin rashes & itching occur rarely.

**WARNING:**

If you are taking paracetamol to relieve pain, and the pain lasts longer than 3 days, or gets worse, if new symptoms occur, or if the painful area becomes red or swollen – contact your doctor.

Prolonged or excessive use may be harmful. If you think someone has taken too much, you should make sure they seek immediate medical advice without delay, (even if they feel well), because of the risk of delayed serious liver damage.

**STORAGE:**

keep out of the reach of children,

store below 25º Centigrade & away from direct sunlight.

**EXPIRY DATE:**

do not take the suspension after the expiry date shown on the label.

Retain this leaflet until you have finished taking all your medicine, as you may want to read it again.

*(This leaflet was written in January 2005, by the Canterbury Primary Health Pandemic Reference Group, to give you useful & easy to read information about your medicine)*