

CANTERBURY PRIMARY RESPONSE GROUP UPDATE

THURSDAY 12TH JANUARY 2017



IMPORTANT INFORMATION FOR ALL AFFECTED GENERAL PRACTICE AND COMMUNITY PHARMACY TEAMS

Please share this with everyone on your team!

All general practice staff in Kaikoura and community pharmacy staff working in the Amuri, Hurunui and Kaikoura regions are welcome to contact the Organisational Counselling Programme (OCP) if you need support following the events of the last two months.

Personal or work problems may affect your work performance and can be related to any number of issues, but may have been caused or stirred up by the earthquakes, such as:

- Budget or finance
- Personal or work stress
- Personal and work relationships
- Anger management
- Trauma
- Drugs and alcohol
- Grief
- Mental and physical health

The support services are provided by an independent external organisation under contract to Pegasus PHO. **Pegasus Health provides the funding for up to three sessions with OCP until 30 June 2017.** (*Note: If you are working in a Rural Canterbury PHO practice, the PHO will provide the funding for EAP support as usual. If you are working in a Pegasus general practice this OCP subsidy will continue to be available as normal.*)

1. The service is available 24 hours a day, 7 days a week.
2. It is completely confidential.
3. To make an appointment, call your nearest EAP/OCP support centre on 0800 377 990. Tell them that you are working as part of the 'Earthquake Response under Pegasus Health'.

IMPORTANT EMERGENCY CONTACT NUMBERS

For help or if there is a further emergency

Email: **incident@pegasus.org.nz**

Urban Christchurch: **03 353 9966**

Rural Health: **Bill Eschenbach 027 290 3090**

Kaikoura: **Carol Glover 021 405 788**

Community Pharmacy: **Gareth Frew 03 374 1636**

Information is also available on www.healthpathways.org.nz

Kind regards

Drs Phil Schroeder and Kim Burgess
Primary Care Coordinators, Canterbury Primary Response Group